



# The Journal

Vol. 27

No. 29

[www.cnic.navy.mil/bethesda/](http://www.cnic.navy.mil/bethesda/)

July 23, 2015

## American Red Cross President Visits WRNMMC

By Sarah Marshall  
WRNMMC Public  
Affairs staff writer

After walking the halls of Walter Reed National Military Medical Center (WRNMMC) last week, meeting patients, staff and volunteers, American Red Cross President Gail McGovern expressed that the visit was "inspirational."

"The joy you bring, it's palpable. You just feel it all around ... It's incredible," McGovern said to a group of Red Cross volunteers during her visit to the nation's medical center July 15. She told volunteers what they do each day is "remarkable," and "people are so grateful for what you're doing."

Evidence of that, McGovern said, was in how patients and staff repeatedly stopped her as she walked the halls — they saw the bright Red Cross pin on her suit jacket and wanted to say thanks, sharing how the organization and its volunteers have helped them.

"It's truly amazing what you're doing every day," McGovern said to the volunteers. "I know you absorb a lot of sadness, and you're doling out a huge amount of comfort ... From the bottom of my heart, I want to tell you how grateful I am, on behalf of the men and women in the Armed Forces. I want to tell you how grateful they are."

After meeting with hospital leadership, McGovern went with volunteers as they pushed a "Comfort Cart" to the



Photo by Sarah Marshall

**Red Cross President Gail McGovern (second from left), visited Walter Reed National Military Medical Center (WRNMMC) volunteers, patients and staff last week, thanking them for their service and dedication. McGovern, and Red Cross Senior Vice President Koby Langley (far right), are pictured above with volunteers Marian Chirichella (far left), and Dr. Inge Guen. During the visit, McGovern and Langley delivered Comfort Cart items to patients on the wards.**

inpatient wards. Red Cross volunteers take the cart to the wards every day, including weekends, delivering items patients may have run out of, forgot to pack, or simply need for comfort. The carts are stocked with an array of blankets, snacks, books and movies, as well as toiletries. In Fiscal Year (FY) 2015, volunteers delivered more than 34,000 items to patients and families recovering at WRNMMC, in large part through the Comfort Cart program.

Koby Langley, Red Cross senior vice president, and Linda Mathes, chief executive officer for the Red Cross in the

National Capital Region accompanied McGovern. The group visited staff and patients throughout the Department of Rehabilitation, including Occupational Therapy, Physical Therapy, and the Gait Lab — all attesting to the daily support they receive from the Red Cross.

Army Col. Matthew St. Laurent, chief of Occupational Therapy, explained to the Red Cross president that volunteers constantly take initiative, making staff members' jobs easier. They open their "kind hearts" and give up their time to be here, he said.

"We couldn't do what

we do without them," St. Laurent said.

Volunteers, including Marian Chirichella, also expressed what it means to them to give back, and support the medical center's mission of extraordinary patient care. The Comfort Cart chairwoman began volunteering at the former Walter Reed Army Medical Center in 2003, and has helped manage the Comfort Cart ever since, in addition to supporting the Chaplain's Office.

Volunteering is an "opportunity to serve those who serve us," Chirichella said. She hopes to bring the patients a sense of normal-

cy when entering their room, she said, bringing a smile instead of medicine.

"I hope to be bringing a little bit of joy," the volunteer said. "Items we bring make them more comfortable ... blankets, baggy clothing, entertainment ... items either they have forgotten, or they're here for a prolonged amount of time, and they've run out."

Chirichella added she appreciated the Red Cross president's visit, stating she is "genuine," and "full of love."

Marin Reynes, senior station manager for the Red Cross at WRNMMC, shared similar sentiments.

"It's always wonderful when we get a chance to share the impact our volunteers make each and every day," Reynes said. "Gail had a chance to see a small snapshot of how instrumental our more than 600 volunteers are in the care of patients and families. She heard firsthand from recipients of our services and from staff, who couldn't do what they do without Red Cross support ... in [Gail's] words, the visit was truly inspirational."

Red Cross volunteers provided more than 68,000 hours of service at Walter Reed Bethesda in FY 2015, equivalent to an estimated value of more than \$1.8 million, Reynes added. Volunteers contribute close to 6,000 hours monthly, supporting a variety of activities for patients, family members and care providers. Volunteers include civilians and active duty members, administrators and doctors who practice to the full extent of their credentials. They volunteer at the National Intrepid Center of Excellence, and greet each wounded, ill and injured service member who arrives via medical evacuation. Additionally, during the summer, approximately 75 youth volunteers serve throughout the medical center.

To become a Red Cross volunteer at WRNMMC, call 301-295-1538 or stop by the Red Cross office in Building 8, Second Floor, Room 2189 between 8 a.m. and 4 p.m. Monday through Friday.

# Commander's Column

Greetings! My wife Lillian and I are simply delighted to be joining the Naval Support Activity Bethesda Team and we eagerly look forward to working with all of you in supporting the critically important missions of the tenant organizations on this installation. Reporting fresh from a tour of duty as Commanding Officer (CO), Naval Health Clinic Charleston (NHCC) at Joint Base Charleston, S. C., we're even more excited to be living in an area that has a professional hockey team. Yes, I know it is baseball season, but I'm writing about hockey because I very recently gained a whole new perspective, understanding and appreciation for the game. This was due in large part to my Executive Officer at NHCC, a former Walter Reed National Military Medical Center staff member, Navy Capt. Rosemary Malone. Captain Malone wholeheartedly is a consummate die-hard Washington Capitals fan. During hockey season, our first conversation of the day was always about the Capitals and my favorite team, the Chicago Blackhawks. My passion for the game was stimulated even further on New Year's Eve when my friend, U.S. Air Force Col. Jeffrey "Pep" Devore, the installation commander at Joint Base Charleston, invited me to my very first live hockey game. Although it was merely the local semi-pro team in Charleston - the Carolina Stingrays, the thrill of sitting front row, watching the game close-up and pounding on the glass was exhilarating!

Colonel Devore (Pep) enlightened me with his personal conviction as he told me, "Everything I wanted to know about leadership I learned by watching a hockey game." In his stark comparisons between hockey and leadership, he made references to the 1980 U.S. Olympic hockey team that won the gold medal, beating a superior Soviet Union team in a game that was dubbed the "Miracle on Ice." I was fascinated at how he related the leadership challenges and strategy lessons that the 1980 team faced with the challenges we face today as a nation and as military service components.

Check out the associations in the way Pep broke it down:



**Capt. Marvin L. Jones**  
NSAB Commanding Officer

## The Team

"A hockey team puts six players on the ice at once; three forwards, two defenders and one goalie. The three forwards are like our young officers and enlisted folks. They are the ones who attack the opposition goal and who are on the front line of the mission. They are your scorers who control the tempo and are the most technically talented on the team.

"Next you have the defenders. They are the senior officers and senior enlisted who keep the action in front of them. They deflect the opposition attack and look to exploit mismatches on the offensive end. These are your directors and department heads, your Chief Petty Officers and senior NCOs.

"And then there is the goalie - The CO; the Commander; the last person who guards the line between success and failure; the one who is accountable for the net - for the mission. Letting a goal go by the CO is tough, because normally a big red light goes off, a fog horn sounds and 15,000 people stand up and scream. Regardless of the issue, it is the CO who is ultimately responsible and accountable for keeping the puck out of the net and keeping the goals against average as close to zero as possible.

## Keeping a Balance

"During a game (mission) the same folks don't stay out on the ice the whole time - they rotate players through shifts to keep fresh legs on the ice at all times. Each shift has a balance of speed, skill, and expertise. The 1980 U.S. Hockey Team did not have this balance in its early stages, they had to work on it constantly through training and practice. We in the military also do that with our personnel. We put certain shifts out during high tempo periods and adjust our shifts and composition based on the tasks (mission sets) we are encountering. When the strategy of the other team changes, we also adjust to adapt to the strategy and refocus our efforts.

See COMMANDER page 4

# Bethesda Notebook

## SAPR interACT Performance

An interACT Performance in support of the Navy's Sexual Assault Prevention and Response program is scheduled for July 24 in the Memorial Auditorium at WRNMMC. Two sessions are scheduled for 9 a.m. and 1 p.m. interACT is a nationally renowned social justice performance troupe based out of California State University, Long Beach. Since its birth in 2000, the troupe has reached thousands of audience members through its "proactive" (highest level of audience involvement) shows. During performances audience members are literally invited on stage to become active participants, rather than passive observers. The performances allow audience members a safe space to rehearse assertive communication strategies and inspire social and political change.

## Program for Patients with Cancer and their Families

The cancer support group's quarterly guest speaker program will be Aug. 6 from 7 to 8:30 p.m. Dr. Stephen Lewis, radiation oncologist at Walter Reed National Military Medical Center (WRNMMC), will discuss "Cancer 101: Understanding Emerging Therapies in 2015." The presentation will be at WRNMMC in the America Building, second floor, Room 2525. It will also be shown at Fort Belvoir Community Hospital via video teleconference (in the Oaks Pavilion, first floor, Room 332). Military ID is required for base access to Walter Reed. For those without a military ID, call the Prostate Center at 301-319-2900 at least four business days prior to event for base access. For more information, contact retired Col. Jane Hudak at 301-319-2918, or at [jane.l.hudak.ctr@mail.mil](mailto:jane.l.hudak.ctr@mail.mil).

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## Naval Support Activity (NSA) Bethesda

Commanding Officer: Capt. Marvin L. Jones  
Public Affairs Officer: Ronald D. Inman  
Public Affairs Office: 301-295-1803

### Journal Staff

Managing Editor MC3 Hank Gettys  
WRNMMC Editor Bernard Little

Staff Writers MC1 Christopher Krucke  
Andrew Damstedt  
Sarah Marshall  
Sharon Renee Taylor  
Joseph Nieves

NSA Bethesda  
Fleet And Family Support Center 301-319-4087

Walter Reed National Military Medical Center  
Office of Media Relations 301-295-5727

NSAB Emergency Information Line 301-295-6246

NSAB Ombudsman  
Michelle Herrera 240-370-5421

NSAB Chaplain's Office 301-319-4443/4706

Sexual Assault Response Coordinator Hotline 301-442-2053

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# Fisher House Celebrates 25th Anniversary at First House

By Andrew Damstedt  
NSAB Public Affairs staff writer

Twenty-five years ago, an idea to build temporary housing at major military medical centers was formed – and a year later, the Fisher House Foundation opened its first house on what is now Naval Support Activity Bethesda (NSAB).

Fast forward to 2015 and there are five houses on the installation that provide a place for military families to stay when they're receiving care at Walter Reed National Military Medical Center or the National Intrepid Center of Excellence.

The foundation held a 25th anniversary celebration July 15, opening its doors by providing tours of two of its houses and explaining the mission of the organization to people who came to the open house.

The houses on base are almost always full, said Fisher House Manager Ken Merritt, with an average 98.5 percent occupancy rate year round.

"When one family checks out, we're check-

ing another one in," he said.

Including the five houses on NSAB, there are 65 houses nationwide that provide lodging for military families when a family member is receiving medical care, and Fisher House managers from across the country came to see the first Fisher House here as part of the 25th anniversary celebration.

The open house attracted visitors from all over the base and Merritt and other Fisher House employees shared how the Fisher House can help patients and their families. To stay at a Fisher House, a provider has to recommend the service and a family is only eligible if they live at least 40 miles away from the location, and have no local accommodations.

The houses are constructed and donated to the Navy by the foundation and serve as temporary housing for families of active duty, reserves, retired and veteran patients.

On NSAB, the five houses have a total of 73 rooms and there can be up to 250 occupants in all five houses, Merritt said.

Each house has com-



Photo by Andrew Damstedt

**Fisher House managers from around the nation gather on Naval Support Activity Bethesda to celebrate the foundation's 25th anniversary July 15. To celebrate, the Fisher House opened its doors to provide tours of two of its houses and explained the mission of the organization to people who came to the open house.**

mon rooms, such as a dining room, a kitchen and a living room, which are often a gathering place for the families. The rooms and hallways are decorated with photos of Washington, D.C. landmarks as well as other paintings. Some houses also have playrooms filled with children's books, toys and games.

Retired Army Col. Gloria Harris was at the celebration and has been staying at Fisher House V since she had kidney transplant surgery.

"When I first came in, the families that were here welcomed me and told me all the little things that I needed to do to make me feel very comfortable here," said Harris, who came to the medical center from Ohio. "We have to pass that on, so as new families come in, we do the very same thing for them. We help them out in any way that we can."

Another Fisher House V occupant, Army reserve Chaplain (Capt.) Andrew Hendon agreed, saying

his stay with his wife and two children has been "seamless."

"It's not a hassle, you would think that when you first come here and you're having to share space with other people," said Hendon, who also had a kidney transplant operation. "It's the opposite of what I was expecting it to be. One, the Fisher House by far is like a home away from home; the staff that works here makes it very warm and a safe environment for everyone. We have plenty

of space in there, it's not like it's a tight quarter."

Hendon, who came to the medical center from Fort Eustis, Va., said each family has different situations, but they all come together to support and help each other out.

Harris, who's had different family members with her during her stay, said she tells friends back home that it's like staying in a five-star hotel.

"I love the kitchen," she said. "I'm a cook, so I'm in there cooking all the time."

# Construction, Code White, Training Top Town Hall Discussion

**Staff Members Also Voice Concern Regarding OPM Breach of Information**

By Bernard S. Little  
WRNMMC Public Affairs staff writer

Walter Reed National Military Medical Center (WRNMMC) officials hosted two town hall meetings July 14 to discuss construction projects impacting the hospital, emergency preparedness and staff training.

The town halls also offered staff the opportunity to engage in constructive dialogue about with WRNMMC leadership regarding issues. A number of questions attendees asked during the morning town hall concerned the

recent Office of Personnel Management (OPM) cybersecurity incidents.

OPM recently discovered two separate but related cybersecurity incidents impacting data of federal government employees, contractors, and others. In April, OPM discovered the personnel data of 4.2 million current and former federal government employees had been stolen. Affected information included full names, birth dates, home addresses and Social Security Numbers (SSNs). Those affected should have already received notification regarding

this breach, OPM officials said.

Last month, while investigating the April incident, OPM discovered that additional information had been compromised, including background investigation records of current, former, and prospective federal employees and contractors. OPM and the inter-agency incident response team have determined sensitive information, including SSNs of 21.5 million individuals, was stolen from the background investigation databases. This includes 19.7 million individuals who applied



Photo by Bernard S. Little

**Maj. Gen. (Dr.) Jeffrey B. Clark, Walter Reed National Military Medical Center (WRNMMC) director, discusses a number of issues with WRNMMC staff during a town hall meeting July 17.**

for a background investigation, and 1.8 million non-applicants, primarily spouses or co-habitants of applicants. Some records also include findings from interviews conducted by

background investigators and approximately 1.1 million fingerprints. Usernames and passwords information that applicants used to fill out their background in-

vestigation forms were also stolen. Notifications for those affected by this breach have not yet begun, according to OPM.

"Since the investigation is ongoing, additional exposures may come to light and if this occurs, OPM will conduct additional notifications as necessary," stated Navy Lt. Cmdr. Holly Lee, deputy comptroller-budget at WRNMMC in an email to WRNMMC staff on July 16.

"Current [and] former federal employees, [as well as] contractors may verify if they have been impacted by calling CSID at 1-844-777-2743 between 7 a.m. and 10 p.m. (CST), Monday through Friday, and 8 a.m. to 8

See **TOWN HALL** page 6

# NSAB Police to Host 'National Night Out' Event

By Andrew Damstedt  
NSAB Public Affairs staff writer

Naval Support Activity Bethesda (NSAB) police will be joined by local law enforcement as part of a National Night Out campaign Aug. 4 at the installation.

The event will be outside the USO Warrior and Family Center at Bethesda from 11 a.m. to 2 p.m. Tuesday, Aug. 4, where local law enforcement

will display fire, police and incident command vehicles, and have canine and explosive ordnance disposal demonstrations, according to Master-at-Arms 2nd Class Colleen Dibble, NSAB crime prevention officer.

This is the first time that a National Night Out event has been held on NSAB. The annual campaign, which has a 32-year history, seeks to promote police-community partnerships to make neighborhoods safe, ac-

cording to the National Association of Town Watch, the organization that started the campaign.

The NSAB Police Department is sponsoring the National Night Out event on base. Free food will be provided by local Bethesda restaurants and there will be several giveaways throughout the three-hour event, Dibble said.

Anyone with base access is encouraged to come to the event.

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## COMMANDER

Continued from pg. 2

### The Power Play

"In hockey, if a player commits an illegal play they are often sent to the penalty box for a few minutes and the other team gets to play with a man advantage during that time - also known as a power play. The power play allows the team with the man advantage to attack the opposition net. They are able to pass easily and find more shooting lanes since the opposition is a man down. As a leader, you are always looking for power play opportunities ... a chance to light up the opposition red light. We see this in how we effectively allocate and use resources to ensure our military organizations have the training, skills and equipment they need to do their mission. If we can overwhelm the mission or issue, chances are a good result will happen."

The other perspective of the power play is when you are forced to play with less than the normal six players on the ice. This is because one of the players committed a penalty and it hurts the team. Playing a man down does not set you up to succeed, it forces the rest of the team to work harder to make up for the lost players skill and expertise. It also does not allow for many offensive opportunities as the team is reacting to the tempo rather than dictating it with a team at full strength. The military is no different. We have to have all

our players out on the ice. When someone gets a DUI or has discipline problems that result in missed work time, the organization has to try and compensate. In a day of reduced military budgets and manning, organizations are constantly looking for ways to have an efficient and lean organization. Going a man down undermines an organization's ability to perform. Leaders must ensure they are doing as much as they can to mitigate discipline issues like DUI, etc ... or face the fact that the goals against average will increase.

### The Win

In 1980, 20 men overcame incredible odds to win an Olympic gold medal. They did it as a team. Success was never guaranteed and they had to fight for every second of every game. Seven months prior, the U.S. Coach, Herb Brooks, was being questioned by the U.S. Olympic Committee about not picking the best players for the team. His response was simple, yet profound. He stated, "I don't need the best players, I need the right players."

As leaders we don't always get to pick our teams. And, we often have to wade through vague guidance based on the ever-changing environments we work in. But, by leading and uniting your people, amazing things can happen.

The take away: Shape your team to have the "right" players so that everyone's role is covered down. You never know - in the end, those folks just might create another "miracle." As NSAB Commanding Officer, I look forward to achieving those "miracles" with you!

# WRNMMC Salutes 'Extraordinary' Nurse

By Bernard S. Little  
WRNMMC Public  
Affairs staff writer

Navy Lt. Candy Anderson says she became a nurse to make a difference in people's lives.

"This was something instilled in me by my parents," said the Medical Intensive Care Unit (MICU) nurse at Walter Reed National Military Medical Center (WRNMMC). "I always watched my mom taking care of people in the community, and I guess I just picked that up."

Anderson, who calls Jacksonville, Fla., home, added she's always had a passion for medicine as well, "and nursing was more practical [for her] than becoming a physician. Also, as a nurse, I get to spend more time with the patient, which works out to be most beneficial in that way."

It's Anderson's caring nature and passion for medicine which earned her WRNMMC's May DAISY Award for Extraordinary Nursing, recently presented to her by the Directorate of Nursing Services leadership team at WRNMMC. She was nominated for the award by the family of a patient who wished to remain anonymous.

"This nurse kept [the patient] well-informed about what would be happening, and her bedside manner put [the patient] at ease. [The patient] felt [Lt. Anderson] was the best nurse she interacted with during her stay in the unit. As the patient's mother is a nurse, she understands the difficulties nurses face daily. If the unit could clone this nurse, or at least replicate her level of commitment, the unit's level of care would be elevated from exceptional to outstanding. Thank you for your warm, caring professionalism."

In addition to im-



Photo by Bernard S. Little

**Director of Nursing Services at Walter Reed National Military Medical Center (WRNMMC) Col. Ray C. Antoine (right) congratulates Navy Lt. Candy Anderson for earning the WRNMMC May DAISY Award.**

pacting the lives of patients at WRNMMC, Anderson served as an intensive care unit/operating room nurse in a Level-3 facility in Afghanistan, where the most severely wounded were treated during Operation Enduring Freedom.

Anderson was among the more than 50 nominees for the May DAISY Award at WRNMMC. In addition to the individual nominees, the entire staffs of 3 Center, 4 Center, MICU and the Surgical Intensive Care Unit were nominated for the DAISY Award.

DAISY is an acronym for Diseases Attacking the Immune System, and the award, as well as the DAISY Foundation was established by Bonnie and Mark Barnes following the death of Mark's son, Patrick, from an autoimmune disease (Idiopathic Thrombocytopenia Purpura) at the age of 33 in 1999, explained Army Col. Joy Napper, assistant director of nursing services at WRNMMC.

Appreciative of the "extraordinary" nursing care Patrick received during his hospitalization, "The Barnes family was very passionate about making this a nurse-centric award," Napper said. She added the

award is recognized by the American Organization of Nurse Executives and the American Nursing Credentialing Center's Magnet Certification Committee, "because it stands out as recognizing nurses for the extraordinary care they give."

Each DAISY Award winner receives a serpentine stone sculpture hand carved by artists of the Shona tribe in Zimbabwe. The stone sculpture, called "The Healer's Touch," is representative of the special relationship nurses have with their patients, Napper said.

Joan Loepker-Duncan, a cardiology service clinical nurse who serves on the WRNMMC DAISY Award Selection Committee, helped to bring the recognition from the former Walter Reed Army Medical Center (WRAMC) to WRNMMC when it integrated with the former National Naval Medical Center (NNMC) in 2011. She explained the DAISY Award is presented to nurses at more than 1,900 health-care facilities in 19 different countries.

"It's not only impacting inpatient nursing, but outpatient and community-wide nursing as well," Napper said.



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## TOWN HALL

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p.m., on Saturdays. Please expect long wait times," Lee added.

During the town hall, Navy Capt. Clarence Thomas Jr., WRNMMC acting chief of staff, encouraged people to monitor the OPM website (<https://www.opm.gov/cybersecurity/>) for information concerning breaches. People can also call 866-740-7153 for an automated message on the incidents, as well as visit the government website [www.IdentityTheft.gov](http://www.IdentityTheft.gov). The IdentityTheft.gov website has information concerning spotting warning signs of identity theft, getting a free credit report, setting up fraud alerts on your accounts, as well as protecting your children and minors from identity theft.

OPM and the Department of Defense will also work with a private-sector firm specializing in credit and identity theft monitoring to provide services such as identity theft insurance, identity monitoring for minor children, continuous credit monitoring, fraud monitoring services beyond credit files, as well as full-service identity restoration support and victim recovery assistance, according to OPM.

Also at the town hall, Army Col. Brian Belson and Navy Cmdr. Anthony Voeks, of WRNMMC's Directorate of Education, Training and Research, explained changes to the Annual Regulatory Training (ART) and Birth Month Training slated to begin next month. All WRNMMC staff members are required to complete both ART and Birth Month Training annually. The trainings have been shortened, but remain focused on areas WRNMMC staff members need to know, including equal opportunity, suicide awareness and prevention, sexual harassment prevention, customer service, drug and alcohol prevention, threat awareness, counterintelligence and more. For information concerning annual training, people can contact Rebecca Croyle at [Rebecca.e.croyle.civ@mail.mil](mailto:Rebecca.e.croyle.civ@mail.mil), or 301-319-4602, or Eddie Thomas at [eddie.d.thomas3.civ@mail.mil](mailto:eddie.d.thomas3.civ@mail.mil), or at 301-319-4606.

"Training is constantly evolving... [and] our goal is to make this as easy as possible for you to complete," Belson said.

Army Lt. Col. Anthony Meador, WRNMMC's Patient Experience team lead and Human Resource Office executive agent, discussed construction projects impacting the hospital. He encouraged staff to become informed about the projects to help alleviate any challenges beneficiaries, as well as other staff members, may experience during the construction.

The first project, replacement of the skylight in the Arrowhead Zone (Bldg. 9) on the second floor, begins this month, Meador said. He added the short-term project is scheduled to last until mid-October. Those areas affected by the construction will include the pharmacy, hospital dentistry/plastics,

neurosurgery, nephrology transplant service, general surgery, gastrointestinal (GI) clinic, urology/gynecology clinic, the Wedge Café, and the escalators. The project will occur in three phases: phase one (from July to Aug. 15) impacting the areas in front of the Pharmacy, Women's Health OB/GYN, hospital dentistry/plastics, neurosurgery and GI clinics; phase two (from Aug. to Sept. 15) affecting the areas in front of the Urology/GYN Clinic, hospital dentistry/plastics, nephrology transplant services and GI clinic; and phase three (from Sept. to Oct. 15), impacting the escalators and Wedge Café.

While the skylight is being replaced, patient waiting areas will not be available in front of the clinics, Meador said. To assist beneficiaries during construction, the pharmacy will use a wireless pager system similar to those at restaurants for customers awaiting seating. He added that WRNMMC's Marketing Department is also working on signage to inform people of the construction.

"We ask for your assistance in letting patients know we're sorry for any inconvenience," Meador said.

A more intensive project, construction of a utility tunnel to support a new building planned on base, will result in the corridor between Buildings 8 and 9 being demolished. This will impact routes some people use to transverse between buildings on base including going from Building 9 to Main Street, Meador said. Work on the project is scheduled to begin this month.

Blue Coat greeters and guides will be stationed at locations impacted by the closures to provide people with information about alternate routes they can take to get between buildings, Meador said.

Maj. Gen. (Dr.) Jeffrey B. Clark, WRNMMC director, agreed all staff must "lean forward even more than usual to ensure patients know what is going on and to help guide beneficiaries around [the construction areas]."

Concluding the town hall, officials discussed the recent Code White (Active Shooter) incident on base July 6.

Chris Gillette, command emergency manager, said WRNMMC staff reacted well to the event and effectively sheltered in place during the four-hour base lockdown occurring after report of a shot fired in Building 1, the Tower. Following a lengthy search, police found no indication of a shooting.

Gillette and Dr. Joan Gordon, program manager for Resiliency and Psychological Health Services, said the Code White was a stressful event for many on base. Gordon, and Jil Jensen, Employee Assistance Program (EAP) counselor, said services are available to offer support and assistance to people challenged by the Code White and other concerns. Resiliency and Psychological Health Service staff can be reached at 301-400-1974, and EAP is available at 800-222-0364.

Gillette said the WRNMMC staff will continue to train and exercise to ensure emergency readiness.

The next WRNMMC town hall meetings are on Aug. 11 at 7 a.m. and noon.



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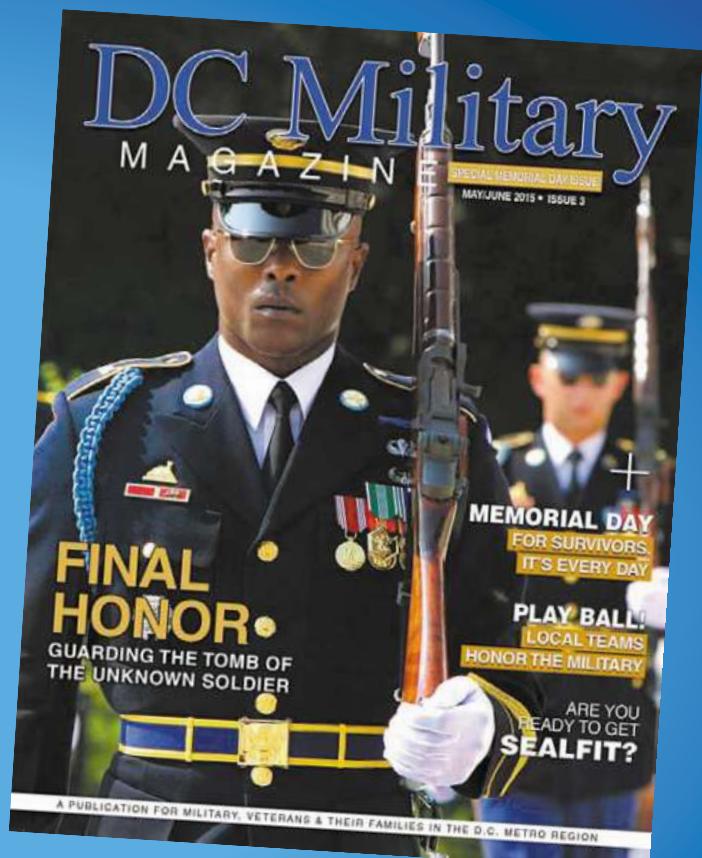
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